



# GRAYS HARBOR COLLEGE

## NURSING AS A CAREER

Program Director/Advisor: Penny Woodruff, (360) 538-4148

### NURSING PROGRAM INFORMATION PACKET



The enclosed materials contain important information about the Grays Harbor College Nursing Program. The nursing program offers three (3) options for prospective students: Certificate of Completion, Associate in Applied Science Registered Nursing, and Nursing Assistant Training. The requirements for each option are on the following pages.

Financial Aid information is available by calling 360-538-4081 or toll-free 1-800-562-4830 extension 4081.

#### ***Funding Opportunity***

Students who are interested in completing the nursing program may qualify for an additional funding option. Please see: <http://ghc.edu/Opportunity> for details.

If you have any further questions, call Penny Woodruff at 360-538-4148 or toll-free 1-800-562-4830 extension 4148.

#### ***Salary Expectations***

For job opportunities and salary expectations, please see: <http://www.workforceexplorer.com/>

<http://www.ghc.edu/nursing/index.html>  
<http://www.ghc.edu/voc/nursing.pdf>



# GRAYS HARBOR COLLEGE

## NURSING PROGRAM INFORMATION SOURCES

### ***STUDENT SERVICES***

Nadine Hibbs  
Director of Financial Aid  
360-538-4082

Nancy DeVerse  
Dean of Admissions and Records  
360-538-4030

Rosine Kohler  
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### ***NURSING INSTRUCTORS***

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Nursing Program Director  
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### ***PROGRAM ADMINISTRATORS***

Ed Brewster  
President  
360-538-4000

Laurie Clary  
Vice President for Instruction  
360-538-4009

Arlene Torgerson  
Vice President for Student Services  
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Mike Kelly  
Dean for Workforce Education  
360-538-4011

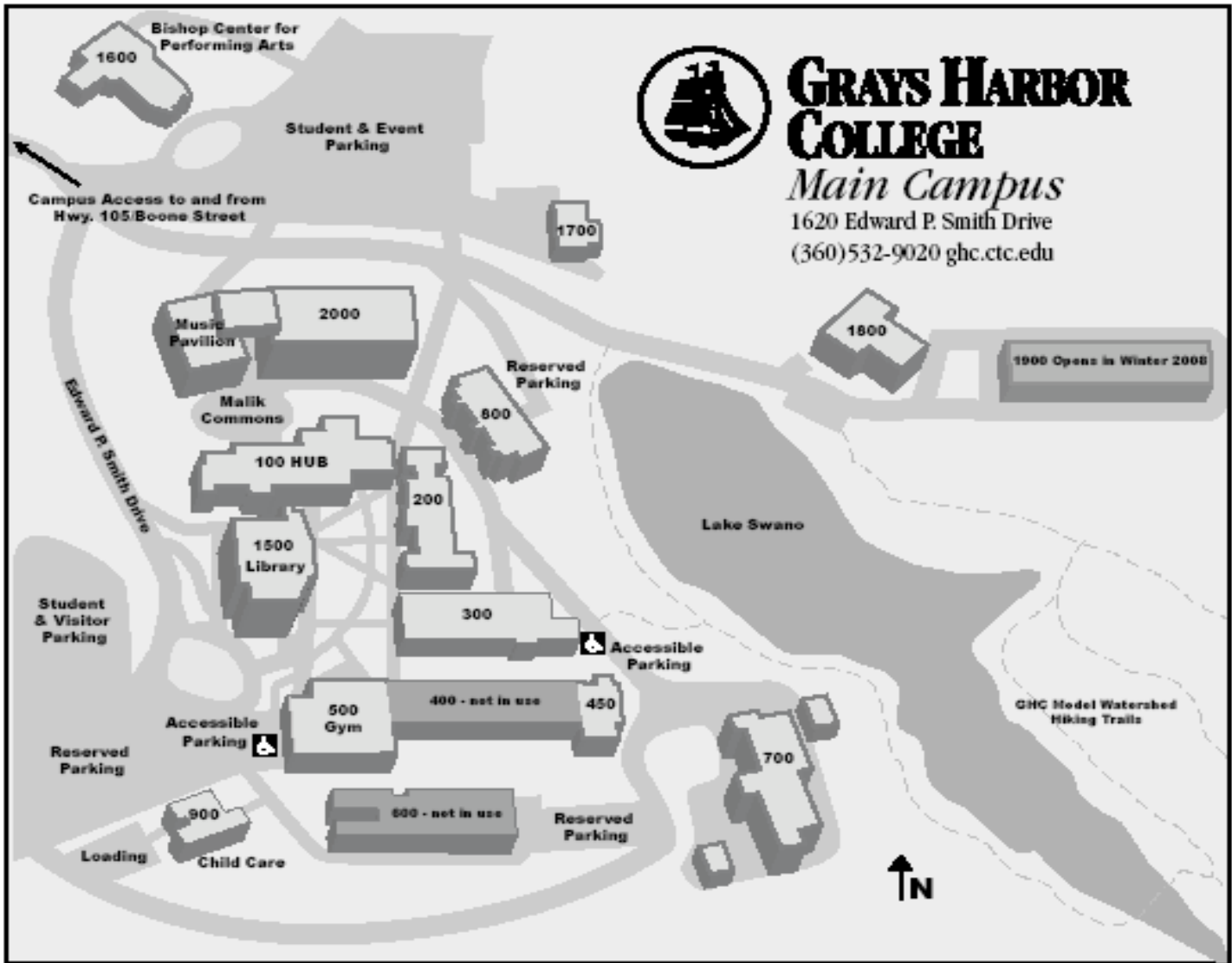


# GRAYS HARBOR COLLEGE

## Main Campus

1620 Edward P. Smith Drive

(360)532-9020 ghc.ctc.edu



**BUILDING 100**  
The Hillier Union Building  
Admissions and Records  
Associated Students/ASGHC  
Bookstore  
Cafeteria  
Counseling/Advising/Testing  
Disability Support Services  
Financial Aid/Veterans Services  
Native American Students  
VP for Student Services  
WorkFirst Office

**BUILDING 200**  
Clubs/Student Activities  
Diversity Center  
Information Technology  
Job Placement  
WSU Education Center

**BUILDING 300**  
Classroom Building  
Classrooms/Labs/Studios  
Crow's Nest (student publication)  
Faculty Offices

**BUILDING 400**  
Not in Use

**BUILDING 450**  
Technology Building  
Electronic Classrooms, ITV  
WSU WHETS

**BUILDING 500**  
Gymnasium  
Faculty/Coaches Office  
Fitness Lab/Weight Room

**BUILDING 600**  
Not in Use

**BUILDING 700**  
Jon V. Krug Industrial  
Technology Building  
Classrooms/Shops/Labs  
Carpentry Technology  
Geographic Info Systems  
Yacht Finish Carpentry  
Faculty Offices  
Maintenance & Grounds Dept  
Shipping & Receiving

**BUILDING 800**  
Math & Physical Science Building  
Classrooms/Labs  
Faculty Offices

**BUILDING 900**  
Childcare Center

**BUILDING 1500**  
The John Spellman Library  
Art Gallery/Exhibits  
The Learning Center  
Media Center  
Reference Desk/Study Rooms  
Title III Offices  
TRIO Student Support Program

**BUILDING 1600**  
Bishop Center for Performing Arts

**BUILDING 1700**  
The John M. Smith Aquaculture Center  
Fish Hatchery

**BUILDING 1800**  
Diesel Technology Building  
Classroom/Shop/Lab  
Faculty Office

**BUILDING 1900 (Scheduled to open Winter 2008)**  
Automotive Technology (moving from Building 700)  
Welding Technology (moving from Building 700)  
Faculty Offices

**BUILDING 2000**  
Jewell C. Manspeaker  
Instructional Building  
Classrooms/Labs/Offices  
2100 - Nursing/Health Sciences  
2200 - Adult Basic Education  
ESL/GED  
2300 - Business Offices  
Campus Operations  
Human Resources  
Purchasing  
VP for Administrative Services  
Music/Wellington Rehearsal Hall  
Classrooms/Labs/Offices  
Communications/Theatre Arts  
2400 - College Dev/GHC Foundation  
College Relations/Tech Prep  
Extended Learning  
President  
Public Relations  
Research/Assessment/Planning  
VP for Instruction  
WorkForce Education



## GRAYS HARBOR COLLEGE NURSING PROGRAM

This is a competitive admission program. Nursing Program Applications are available during the application period each year in the Workforce Education Office or online at <http://ghc.edu/nursing>.

The following are minimum requirements but **do not guarantee admission**. Each of the admission requirements must be completed with a minimum grade of "C" (2.0) prior to consideration for admission. **Admission requirements must be completed by the end of spring quarter to be considered for selection for the following fall entry.** Points toward selection will be awarded for support courses completed by the end of spring quarter as detailed in the "Nursing Information Packet" available from the Workforce Education Office or online at <http://ghc.edu/nursing>. Each of the core nursing courses and support courses must be completed with a grade of "B-" or better to remain in the program. A failing grade in clinical will result in a "C+" for the course.

Grays Harbor College offers a six-quarter program (2 academic years) leading to an Associate of Applied Science Degree in Registered Nursing. Most students take a year of admission and support courses prior to entry. Student who take an additional one (1) credit course in "Personal and Vocational Relationships" at the end of their first year will have the option to apply for a Certificate of Completion in Practical Nursing and be eligible to take the NCLEX-PN licensure examination to become a Licensed Practical Nurse. Qualified LPNs who wish to complete the Associate of Applied Science Degree in Registered Nursing must apply for admission to the second year of the program. Admission is on a space available basis. Upon successful completion of the Associate of Applied Science Degree, the graduate is eligible to take the NCLEX-RN licensure examination for licensure as a Registered Nurse.

Upon admission, students must submit documentation of current immunizations, Health Care Provider CPR certification, and submit to Criminal Background checking. Students are responsible for carrying illness/injury insurance. Low cost coverage is available from the college. Information is provided upon request.

Clinical rotations are scheduled during the day and evening hours with some night and weekend rotations possible in order to gain specific experiences. Students are responsible for providing their own transportation and proof of vehicle insurance.

The Associate in Applied Science Degree Nursing Program is accredited by the National League for Nursing Accrediting Commission, 3343 Peachtree Road NE, Suite 500, Atlanta, GA 30326, (404) 975-5000.



## **NURSING ASSISTANT TRAINING**

### ***Certificate of Achievement***

***Successful completion of this Nursing Assistant Training Course qualifies a student to take the state licensure exam for NA-C***

#### **Prerequisites:**

Completion of Washington State Criminal History Background Check is required prior to entry into clinical agencies. Documentation on file in the Nursing Program Office of immunizations: Hepatitis B immunization series started, skin test or x-ray findings negative for active TB within 1 year.

**CNA 102                      Certified Nursing Assistant Training                      9 credits**

#### **Additional Information:**

This course includes both classroom lecture and work in a nursing home under the direct supervision of the instructor. Students will spend 8 hours weekly providing direct care to residents. Clinical sections will be established during the first week of class. Only 10 students are allowed per instructor in clinicals.

#### **Course Description:**

The learner is introduced to basic nursing care, resident rights, safety and emergency nursing procedures. Principles of therapeutic relationships and client care are presented as well as the legal/ethical issues related to nursing assistant practice. Students demonstrate competencies required to assist in giving basic nursing care to patients in long-term care agencies under the supervision of the instructor or licensed nursing staff. AIDS education and training (8 hours) and CPR certification (8 hours) is included. 5 lecture hours and 8 lab hours.



*Grays Harbor College complies with all Federal and State rules and regulations and does not discriminate on the basis of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled or Vietnam era veteran.*

# **NURSING**

## **Associate in Applied Science Degree Certificate of Completion**

### **Admission Requirements**

- Age 18
- Earned high school diploma or GED
- GPA 2.5
- MATH 095 (grade of “C” or better) or placement in MATH 098
- High school chemistry within the past 3 years or CHEM& 121 (grade of “C” or better)
- CIS 100 or CIS 102 (grade of “C” or better) or demonstrated competency
- AHLTH 130 or AHLTH 150 (grade of “C” or better) or demonstrated competency

### **Prior to Beginning Core Nursing Courses**

*Documentation of successful completion of approved nursing assistant training program.*

### **First Year Nursing Courses**

		<b><u>Credits</u></b>
NURS 151	Concepts Basic to Nursing 11	
NURS 152	Nursing Pharmacology	3
NURS 153	Common Health Alterations I	12
NURS 154	Common Health Alterations II	12
<b>Credits Required</b>		<b>38</b>

### **First Year Support Courses**

BIOL& 160	General Biology *	5
BIOL& 241	Anatomy & Physiology I	5
BIOL& 242	Anatomy & Physiology II	5
BIOL& 260	Microbiology	5
ENGL& 101	English Composition I	5
PSYC& 100	General Psychology	5
PSYC& 200	Lifespan Psychology	5
<b>Credits Required</b>		<b>35</b>

### **Optional Course**

NURS 198	Personal and Vocational Relationship PN option	1
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**Minimum Credits Required for Practical Nursing Certificate 74**

*\* BIOL& 160 is waived if BIOL& 241, BIOL& 242, and BIOL& 260 have been successfully completed.*

### **Second Year Core Courses**

NURS 251	Complex Health Alterations I	13
NURS 252	Complex Health Alterations II	13
NURS 253	Transition to Professional Nursing	10
<b>Credits Required</b>		<b>36</b>

### **Second Year Support Courses**

NUTR& 101	Human Nutrition	5
SOC& 101	Introduction to Sociology	5
PE	Any Activity Course	1
<b>Credits Required</b>		<b>11</b>

**Minimum Credits Required for Degree 120**

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## LPN TO RN COMPLETION

### *Associate in Applied Science Degree*

See Selection Process: Associate of Applied Sciences Nursing Degree for details of the Point Value Scale for selection into the program. Placement in the program is on a space available basis.

#### Admission Requirements

- Graduation from an approved practical nursing program.
- Current unencumbered Washington State LPN license.
- Evidence of clinical practice within the last three (3) years.
- High school chemistry within the past three (3) years or CHEM&121 (grade of “C” or better)
- BIOL& 241, Human Anatomy & Physiology I
- BIOL& 242, Human Anatomy & Physiology II
- BIOL&260, Microbiology
- ENGL&101, English Composition I
- PSYC&100, General Psychology
- PSYC&200, Lifespan Psychology

#### Nursing Courses

		<u>Credits</u>
NURS 149	LPN to RN Transition	3
NURS 251	Complex Health Alterations I	13
NURS 252	Complex Health Alterations II	13
NURS 253	Transition to Professional Practice	10
<b>Credits Required</b>		<b>39</b>

#### Support Courses

NUTR& 101	Human Nutrition	5
SOC&101	Introduction to Sociology	5
PE	Any Activity Course	1
<b>Credits Required</b>		<b>11</b>

**Minimum Credits Required for Degree      50**

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## **Selection Process: Associate of Applied Sciences Nursing Degree**

**Workforce Education manages the selection process for the nursing program. No student is guaranteed admission into the program. Students will be notified by mail of their qualification status.** Qualified applicants must apply by **March 1<sup>st</sup>** of each year. All applicants who have successfully completed all admission requirements and prerequisite coursework applicable to the nursing program by the conclusion of **Spring quarter** will be considered. Transcripts to be considered for selection must be received by Admissions and Records at Grays Harbor College no later than the fourth Friday in June to be considered for selection.

Selection is competitive and based on a point value scale (see table below) and the following criteria.

- **Support Courses:** Earned grades in all college level support courses completed by the end of spring quarter will be given a point value (see table below). Each course must be completed with a minimum grade of "C" (2.0).

After all qualified applicants have completed the above criteria, points are tallied and the top scoring students will be offered admission to the nursing program.

<b>POINT VALUE SCALE FOR PREREQUISITE &amp; SUPPORT COURSES</b>			
<i>5 Credit Prerequisite &amp; Support Courses</i>		<i>Multiplier</i>	
<b>Grade</b>	<b>Point Value</b>	<b>Course</b>	<b>Weight</b>
A	8.0	BIOL& 241	2x
A-	7.4	BIOL& 242	2x
B+	6.6	BIOL& 260	2x
B	6.0	ENGL& 101	1x
B-	5.4	PSYC& 100	1x
C+	4.6	PSYC& 200	1x
C	4.0	NUTR& 101	1x
		SOC& 101	1x

**EXAMPLE:** A student completes BIOL& 241 and PSYC& 100. The student receives an "A" in BIOL& 241 and a "B+" in PSYC& 100. For BIOL& 241, the student receives 8.0 points for obtaining an "A," multiplied by 2 for the course, for a point value of 16. For PSYC& 100, the student receives 6.6 points for obtaining a "B+," multiplied by 1 for the course, for a point value 6.6. The total point value for these 2 courses is 22.6 (16 plus 6.6).

**NOTE: This process is subject to change at any time. Applicants will be notified of any changes.**

## NURSING PROGRAM COURSE DESCRIPTIONS

### **BIOL& 160 (formerly BIOL 101) 5 Credits** **General Biology I**

*Prerequisites:* ENGL 095 or placement in ENGL& 101; READ 090 or placement in READ 120; MATH 093 or placement in MATH 098 or higher.

An introduction to the processes and principles that are common to all living things. The chemistry of life, cell structure and function, molecular basis of heredity, Mendelian genetics, and evolutionary theory are covered. This course is intended for, but not limited to, students intending to continue in biology or the health sciences. 4 lecture hours; 2 lab hours. Satisfies science or lab requirement area A distribution or specified elective for the AA degree.

### **NUTR& 101 (formerly BIOL 160) 5 Credits** **Human Nutrition**

*Prerequisite:* Grade of "C" or better in BIOL& 100 or BIOL& 160 or instructor permission.

A study of the structure, function, and metabolism of nutrients and their roles in preventing diseases related to nutrient deficiency in healthy people. Analysis of food labels and diet planning. This course is intended for science, non-science, and health sciences students. 5 lecture hours. Satisfies specified elective requirement for the AA degree.

### **BIOL& 241 5 Credits** **Anatomy/Physiology I**

*Prerequisites:* Grade of "C" or better in BIOL& 160 or BIOL& 221 within the last 5 years, or instructor permission.

An integrated study of the structure and function of the human body. The following systems are studied: integumentary, skeletal, muscular and nervous. 4 lecture hours; 3 lab hours. Satisfies specified elective requirement for the AA degree.

### **BIOL& 242 5 Credits** **Anatomy/Physiology II**

*Prerequisites:* Grade of "C" or better in BIOL& 160 or BIOL& 221 within the last 5 years and a grade of "C" or better in BIOL& 241 within the last 5 years, or instructor permission.

A continued study of the structure and function of the human body. The following systems are studied: the cardiovascular, lymphatic, respiratory, urinary, water balance, pH, and reproductive. 4 lecture hours; 3 lab hours. Satisfies specified elective requirement for the AA degree.

### **BIOL& 260 (formerly BIOL 211) 5 Credits** **Microbiology**

*Prerequisites:* A grade of "C" or better in BIOL& 160, BIOL& 221 or CHEM& 121 or instructor permission.

Basic microbiological concepts and techniques. The role of microorganisms in health and disease. 4 lecture hours; 4 lab hours. Satisfies science or lab requirement area A distribution or specified elective for the AA degree.

### **CNA 102 9 Credits** **Certified Nursing Assistant Training**

*Prerequisite:* Students must submit to Washington State Highway Patrol Criminal Background Check; provide documentation of TB skin test/chest X-ray and Hepatitis B immunization; and instructor permission.

The learner is introduced to basic nursing care, resident rights, safety and emergency nursing procedures. Principles of therapeutic relationships and client care are presented as well as the legal/ethical issues related to nursing assistant practice. Students demonstrate competencies required to assist in giving basic nursing care to patients in long-term care agencies under the supervision of the instructor or licensed nursing staff. AIDS education and training (8 hours) and CPR certification (8 hours) are included. 5 lecture hours and 8 lab hours.

### **ENGL& 101 5 Credits** **English Composition I**

*Prerequisite:* Appropriate English placement test score or a grade of "C-" or better in ENGL 095.

ENGL& 101 emphasizes the basic rhetorical principles and development of expository and argumentative prose. Included is an introduction to the research methods necessary for evidence-backed writing. Skills gained in this course should help students improve their performance of such tasks as writing for a variety of purposes and audiences, as well as writing informative and persuasive essays and research-backed reports, projects and papers. 5 lecture hours. Satisfies writing skills requirement for the AA degree.

### **NURS 149 3 Credits** **Transition from LPN to ADN**

*Prerequisites:* Graduation from an approved practical nursing program. Current unencumbered Washington State LPN license. Acceptance into the ADN nursing program. Evidence of clinical practice within the last three years.

This course is designed to facilitate the articulation of the licensed practical nurse (LPN) into the role of student in the associate degree program. The student will be introduced to the philosophy, conceptual framework and major conceptual organizers of the Grays Harbor College nursing curriculum. The LPN is introduced to the expectations of students in clinical courses and evaluated regarding ability to use nursing process, perform sterile procedures, and administer medications safely. Students will receive instruction in and opportunity to practice intravenous therapeutics. 2 lecture hours; 2 clinical hours. Vocational program course. May be used as a general elective in the AA degree.

# NURSING PROGRAM COURSE DESCRIPTIONS

## **NURS 151**

**11 Credits**

### **Concepts Basic to Nursing**

*Prerequisites: Acceptance to the Nursing Program. Documentation of successful completion of an approved nursing assistant training program.*

*Current CPR certification and immunizations on file in nursing office. Willingness to submit to criminal background checking. BIOL& 160; PSYC& 100 with a grade of "C" or better.*

*Co requisite: BIOL& 260 or completion with a grade of "C" or better.*

The student is introduced to concepts basic to nursing including nursing roles, communication; ethical, legal, values, and attitudes; critical thinking; nursing process with emphasis on health assessment; professional responsibility and accountability; adaptation and maintenance of homeostasis; nursing interventions for clients experiencing fluid, electrolyte, or acid-base imbalances, immobility; surgery, and pain. The client as a holistic being is the central focus with emphasis on the aging individual. Students will be given the opportunity to apply concepts and skills in selected health care facilities. The student practices communication, health assessment, administration of medications, and sterile procedures in the campus lab and in clinical settings. 5 lecture hours; 12 clinical hours. Vocational program course. May be used as a general elective in the AA degree.

## **NURS 152**

**3 Credits**

### **Nursing Pharmacology**

*Prerequisites: Acceptance to the Nursing Program. Documentation of successful completion of an approved nursing assistant training program.*

*Current CPR certification and immunizations on file in nursing office. Willingness to submit to criminal background checking. BIOL& 160; PSYC& 100 with a grade of "C" or better.*

*Co-requisite: NURS 151; BIOL& 260 (or completion with a grade of "C" or better).*

The student examines the application of nursing process as it relates to pharmacology. Students will review basic math skills necessary for safe dosage calculations and learn pharmacology principles; legal considerations; and study of drug actions, adverse effects, and nursing implications of selected drug classifications. 3 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

## **NURS 153**

**12 Credits**

### **Common Health Alterations I**

*Prerequisites: NURS 151 and NURS 152 with a grade of "B-" or better; BIOL& 260 with a grade of "C" or better.*

*Co requisite: PSYC& 200 and BIOL& 241 or completion with a grade of "C" or better.*

The student will gain knowledge of nursing care of the client with selected common health alterations with nursing process and adaptation in health and illness as organizing frameworks. The focus includes concepts related to care of the normal childbearing family; chronic, stable mental health alterations; and cardiac, respiratory, endocrine (diabetes) system health alterations. The student has opportunities to integrate classroom concepts in acute and long-term care clinical settings. 6 lecture hours; 12 clinical hours. Vocational program course. May be used as a general elective in the AA degree.

## **NURS 154**

**12 Credits**

### **Common Health Alterations II**

*Prerequisites: NURS 153 with a grade of "B-" or better; PSYC& 200 and BIOL& 241 or completion with a grade of "C" or better.*

*Co requisite: ENGL& 101 and BIOL& 242 or completion with a grade of "C" or better.*

The student learns about nursing care of the client with selected common health alterations with nursing process and adaptation in health and illness as organizing frameworks. The focus includes concepts related to intravenous therapeutics, common childhood health alterations, gastrointestinal, musculoskeletal, and immune system health alterations, and care of the client with cancer. The student has opportunities to integrate classroom concepts in acute and long-term care clinical settings. 6 lecture hours; 12 clinical hours. Vocational program course. May be used as a general elective in the AA degree.

## **NURS 198**

**1 Credit**

### **Personal and Vocational Relationships PN Option**

*Prerequisite: Completion of NURS 151, 152, 153, 154 with a grade of "B-" or better, and all prerequisite and co requisite courses with a grade of "C" or better.*

This is an optional study course designed for nursing students wishing to take NCLEX-PN. It is approved by the Washington State Nursing Care Quality Assurance Commission to fulfill the requirements of the "Law as it relates to nursing practice in Washington State" WAC246-840-575 (3) Curriculum for approved nursing education programs: for practical nurse programs. This section of the Law requires practical nursing programs to include content about personal and vocational relationships and vocational and legal aspects of nursing. Vocational program course.

## NURSING PROGRAM COURSE DESCRIPTIONS

### **NURS 251**

**13 Credits**

#### **Complex Health Alterations I**

*Prerequisite:* Completion of NURS 154 with a grade of "B-" or better or Washington State LPN license and acceptance into ADN nursing program.

*Co requisite:* NUTR& 101 or completion with a grade of "C" or better.

The student learns advanced principles and concepts related to the care of adults adapting to multi-system, high acuity health alterations. Care of the client with complex cardiac, respiratory, neurological, renal, emergency, thermal, and traumatic health alterations is studied. The student integrates advanced nursing concepts in caring for clients adapting to complex and life-threatening health alterations. The student applies nursing process in specialty areas, acute care and in community settings. The emphasis is on caring for more than one client with complex nursing care needs. 7 lecture hours; 12 clinical hours. Vocational program course. May be used as a general elective in the AA degree.

### **NURS 252**

**13 Credits**

#### **Complex Health Alterations II**

*Prerequisite:* Completion of NURS 251 with a grade of "B-" or better, and NUTR& 101 with a grade of "C" or better.

The student continues the study of advanced principles and concepts related to the care of adults to multi-system, high acuity health alterations. Concepts related to the care of high-risk childbearing and child rearing families are presented. Nursing process is applied to women and their families adapting to complications of pregnancy, delivery, and parenthood. Care of the child with complex health alterations is studied. Mental health concepts relating to the care of adults, families, and children with severe or life-threatening psychiatric disorders, and the care of adults with complex endocrine and hematological health alterations are examined. The student applies nursing process in specialty areas, acute care and in community settings. 7 lecture hours; 12 clinical hours. Vocational program course. May be used as a general elective in the AA degree.

### **NURS 253**

**10 Credits**

#### **Transition to Professional Practice**

*Prerequisite:* NURS 252 with a grade of "B-" or better.

*Co requisite:* SOC& 101 or completion with a grade of "C" or better.

The student has the opportunity to explore role transition from student to professional practice. Leadership and management concepts are studied as they relate to managing care for groups of clients. Guiding principles of the course include working with others, time management, power and influence, managing conflicts, problem solving, sound clinical decisions making, change process, and managing stress in the workplace. Current issues in contemporary nursing practice are studied as are legal and ethical issues affecting nursing. Concepts related to care of the children with complex health needs are also included. 4 lecture hours; 12 clinical hours. Vocational program course. May be used as a general elective in the AA degree.

### **PSYC& 100**

**5 Credits**

#### **General Psychology**

*Recommended Preparation:* Placement in ENGL& 101.

An introduction to psychology utilizing lectures and group exercises. Deals with the psychology of behavior, development, learning, cognition, motivation and emotion, perception, memory, and both normal and abnormal personalities. Provides an overview of modern psychology in terms of biological, social and intrapsychic factors. 5 lecture hours. Satisfies social science distribution area D requirement or specified elective for the AA degree.

### **PSYC& 200 (formerly PSYCH 220)**

**5 Credits**

#### **Lifespan Psychology**

*Prerequisite:* PSYC& 100 or instructor permission.

This course presents a comparative look at the various human development models. Students will have an opportunity to gain knowledge of the various stages of human development. This course typically fulfills basic requirements in human development for nursing, psychology and related occupations. 5 lecture hours. Satisfies specified elective requirement for the AA degree.

### **SOC& 101 (formerly SOC 110)**

**5 Credits**

#### **Introduction to Sociology**

*Recommended Preparation:* ENGL 095 or placement in ENGL& 101.

An introduction to the principles, concepts, theories and methods of the sociological perspective. Emphasis is placed upon relating sociological ideas to national, community, and individual levels. 5 lecture hours. Satisfies social science distribution area C requirement or specified elective for the AA degree.

## **Essential Abilities**

Grays Harbor College provides equal opportunities and equal access to education for all persons. The nursing faculty admits students without regard to gender, race, creed, religion, color, national origin, age, marital status, sexual preference, or disability. Thus, students who meet the admission and prerequisite requirements are equally eligible for selection to the nursing programs on a space available basis.

The nursing program curriculum requires the student to participate in a broad range of experiences essential to learn the skills and functions of nursing. In order to satisfactorily acquire and perform the functions of the nurse, certain abilities are essential to complete the program requirements. In addition, these abilities are essential to ensure the health and safety of patients, peers, facility staff, and faculty. The essential abilities include but are not limited to the following.

### ***Motor Skills***

The student must

- be able to stand, stoop, squat, sit, and/or bend for adequate time periods to complete essential nursing functions.
- have sufficient motor skills to assist patients in moving, for example from bed or gurney to chair, bedside commode and/or wheelchair.
- have sufficient motor skills to perform all nursing skills correctly, accurately, and safely.
- have sufficient motor skills to assist patients in emergency situations in which basic life support, including CPR, must be performed.

### ***Sensory/observational***

The student must

- be able to acquire information from demonstrations and experiences in campus and clinical laboratory learning environments.
- be able to make accurate observations of patients using sight, hearing, smell, and touch.

### ***Communication***

The student must

- be able to communicate effectively in writing and orally with patients and their families, peers, faculty, and other professionals.
- be able to clearly express ideas and feelings and to read and write in English.

### ***Cognition***

The student must

- be able to accurately measure, calculate, and reason.
- be able to read, understand, and apply complex and extensive written materials.
- be able to apply principles of critical thinking in the classroom and clinical settings.

### ***Behavioral/Emotional***

The student must

- have the emotional stability to maintain effective relationships with patients and their families, peers, faculty and staff, and other professionals.
- be able to function under stress and to adapt to unexpected situations.
- be able to display and express empathy for others.
- have insight about his/her values, attitudes, and beliefs.
- be willing to examine and change his/her behavior when it is disruptive to maintaining effective relationships with others.

### ***Professional Conduct***

The student must

- must possess the professional values of compassion, empathy, integrity, honesty, responsibility, and tolerance.
- be able and willing to provide nursing care for all persons regardless of gender, race, creed, religion, color, national origin, age, marital status, sexual preference, disability, medical condition, or setting.

### ***Reasonable Accommodations for Disabilities***

The student who discloses a disability and requests accommodation is asked to provide documentation of the disability. Please contact Disability Support Services at 360-538-4068 for further information.



## **CRIMINAL BACKGROUND CHECKING**

Pursuant to RCW 43.43.830.842, employees and volunteers who provide service to developmentally disabled persons, vulnerable adults, and/or children under the age of 16 MUST submit to a Washington State Patrol (WSP) Criminal History background check as a condition of service. Although not employees or volunteers of agencies, Grays Harbor College nursing students provide services during clinical experience to the populations of persons covered by this law. Thus, nursing students must likewise submit to a WSP criminal history background check prior to being placed in clinical facilities.

The purpose of the background check is to identify convictions that would disqualify a person from working with the above named populations of persons. Information obtained from the background check is kept strictly confidential. The nursing program Director is the only person who will have access to the information. No other personnel have access to the information.

Upon acceptance into the nursing program the student will be provided with the necessary forms. The completed forms are sealed in an envelope provided and returned to the nursing program. The forms are processed by nursing program staff.

The student with a disqualifying conviction needs to be aware that inability to be placed in a clinical facility may interfere with the student's ability to complete the program requirements and/or to qualify for licensure.

## **RISKS AND HAZARDS**

Persons interested in a career in nursing need to be aware of potential hazards and risks inherent in the field. Nurses, including nursing students in clinical placements, work in many different environments, some of which are hazardous. Nurses and their clients are exposed to infectious diseases, radiation, hazardous equipment, and environments in which accidents occur. Nursing students learn about minimizing safety hazards and preventing injury during the course of the nursing program. Nurses are not only responsible for their own safety but also for the safety of their clients. Failure to apply the principles of safety may result in serious and/or potentially life-threatening injury to the nurse, the client, or other persons. Nursing students are held to the same standard as nurses. Safety violations that cause actual or potential harm to clients, self or others will result in immediate dismissal from the nursing program.

## **IMPORTANT INFORMATION FOR APPLICANTS TO THE NURSING PROGRAMS**

In order to minimize potential problems nursing graduates might experience in obtaining a nursing license, it is important to understand the relationship of nursing programs to the licensing process. Schools of nursing do not have the power to grant licensure as a Registered Nurse (RN). The nursing program is approved by the Washington State Nursing Care Quality Assurance Commission to provide education and training, which qualifies graduates to take a state licensing examination. In addition to completing a nursing education program, the State Board also has the right to inquire about aspects of your personal life that might have a bearing on your ability to practice as a licensed nurse. When you near completion of the nursing education program you will make application to the State Board of Nursing to take your licensing examination. One part of this application asks you to answer “yes” or “no” to the following questions:

1. Have you ever had a license to practice nursing suspended or revoked?
2. Have you ever been convicted of a felony or misdemeanor other than a traffic violation?
3. Have you ever been addicted to drugs or been treated for addiction to drugs?
4. Have you ever been convicted of a violation of the Controlled Substances Act or any narcotic law?
5. Have you ever received psychiatric treatment or treatment for mental illness?
6. Have you ever received treatment for alcoholism?
7. Have you ever had a physical or mental condition that would now inhibit the practice of nursing?

If you answered “yes” to any of the above, full details must be furnished to the Nursing Commission. The laws of Washington do not allow community college programs to discriminate in their admission process based on difficulties in any of the areas covered by these questions. **Therefore, it is possible that a student could be admitted to, and successfully complete the programs and not be eligible for licensure.**

The Nursing Commission will not discuss the possible action it might take regarding eligibility for licensure until the time that the candidate makes official application for the examination. Therefore, if you have any questions regarding this requirement, it is recommended that you discuss these with the Program Director prior to entering the Nursing Program.

## TYPICAL STUDENT SCHEDULE - *Nursing Program: FIRST YEAR*

*\*Please note: this schedule represents the quarters in which courses must be completed.  
Most students take support courses prior to beginning core nursing courses.\**

### Summer Quarter:

BIOL& 160	General Biology*	5
PSYC& 100	General Psychology	<u>5</u>
		10

### Fall Quarter:

NURS 151	Concepts Basic to Nursing	11
NURS 152	Nursing Pharmacology	3
BIOL& 260	Microbiology	<u>5</u>
	Total Credits	20

### Winter Quarter:

NURS 153	Common Health Alterations I	12
BIOL& 241	Anatomy/Physiology I	5
PSYC& 200	Lifespan Psychology	<u>5</u>
	Total Credits	22

### Spring Quarter:

NURS 154	Common Health Alterations II	12
BIOL& 242	Anatomy/Physiology II	5
ENGL& 101	English Composition I	<u>5</u>
	Total Credits	22

\*BIOL& 160 is waived if BIOL& 241, BIOL& 242, and BIOL& 260 have been successfully completed.

## *Nursing Program: Second Year*

### Summer Quarter:

NURS 149	LPN to RN Transition	1
NURS 198	Personal and Vocations Relationships PN option	<u>3</u>
	Total credits	4

### Fall Quarter:

NURS 251	Complex Health Alterations I	<u>13</u>
	Total Credits	13

### Winter Quarter:

NURS 252	Complex Health Alterations II	13
NUTR& 101	Human Nutrition	<u>5</u>
	Total Credits	18

### Spring Quarter:

NURS 253	Transition to Professional Practice	10
SOC& 101	Introduction to Sociology	5
PE	Any Activity Course	<u>1</u>
	Total Credits	16

**Total Credits** **120**

### NURSING PROGRAM GRADING SCALE

#### Passing:

A	=	94-100%
A-	=	90-93.9%
B+	=	87-89.9%
B	=	84-86.9%
B-	=	80-83.9%

#### Not Passing

C+	=	77-79.9%
C	=	74-76.9%
C-	=	70-73.9%
D	=	65-69.9%
F	=	64.9% or lower

## **INSURANCE: LIABILITY AND HEALTH**

Liability insurance is required. Students are STRONGLY encouraged to obtain vehicle and personal health and accident insurance. Students are responsible for providing their own vehicle and personal health and accident insurance. A low cost injury and illness insurance is available to students. Information is available upon request.

## **IMMUNIZATION REQUIREMENTS**

Students must supply official documentation of their immunizations to be kept in their records in the nursing office. Immunization status is coordinated through the Grays Harbor Health Department where many of the immunizations are available. ***Immunizations must be current to participate in clinical courses.*** Immunization requirements are as follows:

- dT (tetanus) – Required within the last ten years
- Mantoux test (TB skin test) or chest ex-ray – Required annually
- Hepatitis B vaccination series – Series must be underway no later than Fall quarter start date
- Measles, Mumps & Rubella vaccine – 2 doses or titer documenting immunity
- Varicella vaccine or titer documenting immunity
- Flu vaccine - required annually

## **CARDIO-PULMONARY-RESUSCITATION (CPR)**

All students are required to provide documentation of current CPR Certification for Health Care Provider that is valid through end of Spring Quarter of each year of the program. **CPR CERTIFICATION FOR HEALTH CARE PROVIDERS MUST BE CURRENT TO PARTICIPATE IN CLINICAL COURSES.**

## **NURSING ASSISTANT – CERTIFIED**

All students are required to provide documentation of successful completion of an approved nursing assistant training program.

## **SCHEDULING OF CLASS AND CLINICAL HOURS**

The Nursing Department reserves the right to schedule students between the hours of 6:00 a.m. and 11:45 p.m., seven days a week, in order to ensure that students are able to complete the program objectives. The Department will make every effort to give students enough prior notice of required schedules to allow them to plan for their outside responsibilities.

Night shifts (11 p.m. – 7 a.m.) may also be required in order to provide the student with specific experiences. In addition to shift work, shift hours range from 8 to 12 hours – including weekends, evenings, and nights. Students who are in preceptorship or doing observational (shadowing) experiences may be required to work with a nurse who is scheduled for these hours. Students who are in the facility for direct supervision clinical rotations with instructors are placed in the facility for no longer than 8-hour shifts. Students are not scheduled for more than 40 hours each week, which includes class lectures and clinical experiences. Calendars of class lectures and clinicals are provided each quarter.

## **ESTIMATED PROGRAM COSTS**

The following costs are **estimates** of the expenses students can expect **when accepted** into the nursing program. These costs include coursework required for completion of the nursing program (both nursing core courses and support courses).

<i>Certified Nursing Assistant Training</i>		
<b>Description</b>	<b>Unit Cost</b>	<b>Estimated Cost</b>
Tuition*	\$646	\$646
Fees	88	88
Books	40	40
Supplies	100	100
Licensing application/examination fees	97	97
<b>TOTAL</b>		<b>\$971</b>

<i>Associate of Applied Sciences Nursing</i>			
<b>Description</b>	<b>Unit Cost</b>	<b># Quarters</b>	<b>Estimated Cost</b>
Tuition (approximate)*	\$1430	6	\$8,616
Nursing/other lab fees	146	6	876
Books and supplies**	400	6	2,400
Licensing application/examination fee	290	1	265
Uniform/name pin	60	1	60
Lab coat	30	1	30
Injury Insurance	30	6	180
Immunizations	300	2	300
<b>TOTAL</b>			<b>\$12,752</b>

### ADDITIONAL REQUIREMENTS

In addition to the items listed above, all students will be responsible for acquiring the following:

- Shoes (white leather)
- Watch (with a second hand or mode)
- Bandage scissors
- Stethoscope (with bell and diaphragm)
- White or light hose (required for women in the clinical areas)

*\*Tuition is set by the legislature and is subject to change. Please see the quarterly class schedules for current tuition information.*

*\*\*Some quarters require more books than other quarters. This estimate is based on the average cost for all books and supplies divided by 6 quarters.*