



**GRAYS HARBOR
COLLEGE**

HUMAN SERVICES AS A CAREER

Program Instructor/Advisor: Brenda Rolfe-Maloney (360) 538-4097



<http://www.ghc.edu/voc/hust.pdf>

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Students usually come into the Human Services program with the idea that they want to work helping other people in some capacity. This idea often comes from a sense that they have an ability to understand the feelings of others, have been often looked to by friends and family as someone who would be willing to listen and as someone who cared. Human Services students are often people who have had some difficult times and experiences themselves and from those experiences have come to value the worth of the individual and the meaning of being human. They bring to the program a desire to grow as a person, to learn and to develop skills for helping others.

Careers in Human Services could generally be categorized as in the field of Social Work or Counseling. More specifically, graduates in Human Services work in the arenas of chemical dependency treatment, community mental health, support services for the elderly, early childhood education, juvenile and adult corrections, teen programs, community support programs, homeless services, hospice, domestic violence programs, services for employment, services for the developmentally disabled, alternative education programs, personnel and human resources, community corrections and services for the disabled. This list shows the diversity of career opportunities within the field of Human Services.

Human Services graduates work in a wide spectrum of jobs within the many agencies that provide for the needs of individuals, families and communities. These agencies include state, county, city, non-profit, private and religious organizations. Some of these agencies in the Grays Harbor and Pacific County areas include: Behavioral Health Resources, Coastal Community Action Program, Department of Social and Health Services, Domestic Violence Center, WorkSource of Grays Harbor, Evergreen Counseling Center, Grays Harbor Youth Programs, Eastcenter Recovery, Grays Harbor College, Beyond Survival (Grays Harbor Sexual Assault Coalition), Harbor High School, Harbors Home Health and Hospice, Maple Lane School, Personal Service Providers, Quinault Nation, Social Treatment Opportunity Programs, Senior Information and Assistance, Stafford Creek Correctional Center, Sunbridge Care and Rehabilitation, Timberland Opportunities Association, and Union Gospel Mission.

The Human Services program when completed is fully transferable to The Evergreen State College. Often upwards of fifty percent of the graduates from the program transfer to Evergreen to complete the Bachelors degree. Most of these students had not necessarily intended to continue their education. They became excited about their educational potential through their academic accomplishment while taking courses in the Human Services program and learning what career doors might open for them with further education.

Starting salaries vary widely within entry-level positions in the field of Human Services. The mean wage for Human Service Assistants in the 2000 Occupational and Wage Estimates was \$21,880. The mean wage for Substance Abuse Counselors was \$35,920. Wages may be lower or higher depending on hours worked and job title. There is a meaningful career ladder in most Human Services jobs that offer opportunity for professional advancement, especially with continued education. For most of us in the Human Services field, the primary reward remains the joy and personal fulfillment of making an important difference in the lives of other people and the quality of living in our communities.

Salary Expectations

For job opportunities and salary expectations, please see: <http://www.workforceexplorer.com/>

What Do I Need To Do First?

- **Apply for Admission** (<https://admissions.ctc.edu/applicant/welcome.cfm>)
- **Request Official Transcripts** from high school, previous colleges or GED certificate. Have them sent directly to GHC.
- **Take the College Placement Test (CPT).** Make an appointment at GHC Counseling Center (360-538-4099 or toll-free 1-800-562-4830). The CPT is not required if 100 level English and math were completed at another college.
- **Meet with an entry advisor.**



HUMAN SERVICES

Associate in Applied Science Degree

Recommended Preparation for HUST programs

Prerequisite requirements must be fulfilled prior to enrollment in most required program courses. Prerequisite requirements are listed together with course titles and descriptions in this catalog.

<u>Core Courses</u>		<u>Credits</u>
HUST 101	Introduction to Human Services	5
HUST 102	Community Resources	5
HUST 103	Interview/Assessments	5
HUST 108	Counseling/Crisis Intervention	5
HUST 110	Nutrition/Medication Management	5
HUST 158	Cooperative Work Internship	3
HUST 202	Counseling Special Populations	5
HUST 203	Law/Ethics Human Services	5
HUST 204	Advanced Counseling/Case Management	5
HUST 258	Advanced Cooperative Work Internship	5
Credits Required		48
<u>General Education Courses</u>		
ENGL& 101	English Composition I	5
MATH 101	Applications of Algebra (or higher)	5
PSYC& 100	General Psychology	5
PSYC& 200	Lifespan Psychology	5
SPCH 101	Fundamentals of Speech	5
or		
SPCH 201	Fundamentals of Group Discussion	3
Credits Required		23-25

(continued on reverse)

Human Services Associate in Applied Science Degree (continued)

Support Course Options

Entry level employment in human services crosses a broad spectrum of career options. These include mental health, chemical dependency counseling, criminal justice/corrections, among other related areas. Many students also transfer to The Evergreen State College under the Direct Transfer Agreement. Support courses can be selected to pursue a specific career objective, to explore the human services field, or to transfer to a four-year program. Support course selections must be approved by the student's academic advisor.

A minimum of twenty (20) support course credits are required.

<u>Support Courses</u>		<u>Credits</u>
AIDS 103	AIDS and the Substance Abuse Counselor (4 hours minimum)	2
HSSA& 101	Introduction to Addictive Drugs	4
ALSA 120	Pharmacology of Alcohol/Drugs	4
ALSA 125	The Dysfunctional Family	3
ALSA 136	Group Dynamics	3
ALSA 140	Chemical Dependency and Case Management	3
ALSA 209	Law and Ethics in Chemical Dependency Treatment	2
ALSA 210	Chemical Dependency Treatment and the Law	2
ALSA 211	Relapse Prevention	2
ALSA 212	Youth Chemical Dependency Assessment/Counseling	2
ALSA 270	Alcohol/Substance Abuse Counseling	4
CJ& 101	Introduction to Criminal Justice	5
CJUS 102	Law and Society	5
CJUS 104	The Line Officer Function: Police and Corrections	5
CJUS 110	Law and Justice	5
ECE 101	Introduction to Childcare	2
EDUC& 114	Child Development	3
ECE 103	Guiding the Behavior of Young Children	3
HUMDV 109	Personal Development	2
HUMDV 111	Career Options and Life Planning	3
HUST 150	Introduction to Family Violence Counseling	5
HUST 151	Case Management and Counseling in Family Violence	5
PSYCH 106	Applied Psychology	3
PSYCH 210	Psychology of Adjustment	5
PSYCH 250	Social Psychology	5
PSYC& 220	Abnormal Psychology	5
SOC& 101	Introduction to Sociology	5
SOC 106	Juvenile Justice	5
SOC 112	Criminology	5
SOC 252	Marriage and Family	5
Credits Required		20
Minimum Credits Required		91+
		3 PE credits

Grays Harbor College complies with all Federal and State rules and regulations and does not discriminate on the basis of race, color, creed, religion, national origin, sex, sexual orientation, age, marital status, disability, or status as a disabled or Vietnam era veteran.



HUMAN SERVICES Certificate of Completion

Recommended Preparation for HUST programs

Prerequisite requirements must be fulfilled prior to enrollment in most required program courses. Prerequisite requirements are listed together with course titles and descriptions in this catalog.

<u>Core Courses</u>		<u>Credits</u>
HUST 101	Introduction to Human Services	5
HUST 102	Community Resources	5
HUST 108	Counseling/Crisis Intervention	5
or		
HUST 110	Nutrition/Medication Management	5
HUST 158	Cooperative Work Internship	3
HUST 203	Law/Ethics Human Services	5
HUST 258	Advanced Cooperative Work Internship	5
<i>Credits Required</i>		28

General Education Courses

CIS 102	Microcomputer Applications	3
ENGL& 101	English Composition I	5
MATH 101	Applications of Algebra for Vocational/Technical Students	5
SPCH 101	Fundamentals of Speech	5
or		
SPCH 201	Fundamentals of Group Discussion	3
<i>Credits Required</i>		16-18

Elective Courses

Elective courses must be approved by the student's academic advisor at Grays Harbor College.

Credits Required **0-1**

Minimum Credits Required **45**

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HUMAN SERVICES PROGRAM COURSE DESCRIPTIONS

AIDS 103

2 Credits

AIDS and the Substance Abuse Counselor

This course is designed for the chemical dependency counselor in the state of Washington who requires a seven-hour course in developing AIDS-relevant counseling skills. Topics include HIV clinical picture, epidemiology, HIV transmission modes and variables, managing personal fear and resistance, substance abuse and AIDS risk relationships, strategic risk intervention, risk intervention skills and procedures, HIV test counseling, and special treatment needs of the HIV-positive client. This course meets the requirements as stipulated by the Bureau of Alcohol and Substance Abuse. 2 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HSSA& 101 (formerly ALSA 110)

4 Credits

Introduction to Addictive Drugs

Introduction to the physiological, psychological and sociological aspects of alcoholism and drug abuse. Analyzes patterns of dependency and addiction associated with prescription, over-the-counter, and illegal substances. Explores methods of prevention, assessing the degree of involvement with alcoholism and drugs. 4 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

ALSA 120

4 Credits

Pharmacology of Alcohol/Drugs

The interaction of alcohol and other drugs in the human body; absorption, distribution, metabolism, mechanism of action, peripheral and central nervous system effect, interaction with other chemicals and physiological consequences of chronic high dosage use. 4 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

ALSA 125

3 Credits

The Dysfunctional Family

Examines major family counseling theories and their application to the family system that is being affected by and is affecting the chemically dependent person. 3 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

ALSA 136

3 Credits

Group Dynamics

This course is an introduction to the principles of group process with emphasis on group counseling with chemically dependent clients. By its very nature a course in group counseling must be experiential. All students will be expected and encouraged to participate in the group activities. 3 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

ALSA 140

3 Credits

Chemical Dependency/Case Management

This course introduces the student to the role of case management in human services. Models of case management and the varying roles of the counselor/case manager are examined. The student will learn approved methods of managing client record documentation, information gathering, processes, treatment planning and interfacing with community agencies. 3 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

ALSA 209

2 Credits

Law and Ethics in Chemical Dependency Treatment

This course will cover the appropriate interaction between chemical dependency counselors and consumers of chemical dependency treatment. Ethical principles will be applied in a chemical dependency context, and relevant WACs will be covered. The Washington State Department of Alcohol and Substance Abuse (DASA) requires that chemical dependency counselors take a course pertaining to ethics in chemical dependency treatment. 2 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

ALSA 210

2 Credits

Chemical Dependency Treatment & the Law

The course will cover the interaction of alcohol/drug treatment facilities and the various elements of the judicial system. A primary focus will be the legal responsibility of individual chemical dependency counselors. The Washington Department of Alcohol and Substance Abuse (DASA) requires that chemical dependency counselors take a course pertaining to the legal system. 2 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

ALSA 211

2 Credits

Relapse Prevention

The course will focus on relapses in chemical dependency treatment. Preventing and dealing with relapses will be a special focus. The stages of recovery in substance abuse treatment and the likelihood of relapse in treatment will also be covered. The Washington State Department of Alcohol and Substance Abuse (DASA) requires that chemical dependency counselors take a course in this area. 2 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

ALSA 212

2 Credits

Youth Chemical Dependency Assessment/Counseling

Prerequisite: HSSA& 101.

This course will focus on youth chemical dependency counseling and assessment. At-risk youth will be a particular focus along with family issues, assessment, and treatment planning. The Washington State Department of Alcohol and Substance Abuse (DASA) requires that chemical dependency counselors take a course in this area. 2 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

ALSA 270

4 Credits

Alcohol/Substance Abuse Counseling

Students learn basic communications, interview and assessment skills as used in community mental health settings. Development of beginning-level counseling skills and awareness of unique qualities each brings into the helping profession. This course will review the major therapeutic approaches including client-centered therapy, rational-emotive therapy, reality therapy, gestalt therapy, and transactional analysis. Includes some demonstration of techniques associated with the therapies. 4 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HUMAN SERVICES PROGRAM COURSE DESCRIPTIONS

CIS 102

Microcomputer Applications

Recommended Preparation: CIS 100 and CIS 101 or concurrent enrollment.

Prerequisite: READ 080.

This course introduces computer systems with emphasis on applications. Students will work with various applications including electronic spreadsheets, word processing and presentation software. 2 lecture hours; 2 lab hours. Satisfies specified elective requirement for the AA degree.

3 Credits

CJUS 110

Law and Justice

Recommended Preparation: ENGL 095 or placement in ENGL& 101.

Law and Justice will examine the basic trends in law and the social changes made within our communities. The focus will be the study and analysis of the concepts of family law, labor-relations law, welfare law, and civil rights laws as they impact each and every one of us. Same as POL S 110; students may not receive credit for both. 5 lecture hours. Satisfies specified elective requirement for the AA degree.

5 Credits

CJ& 101

Introduction to Criminal Justice

Recommended Preparation: ENGL 095 or placement in ENGL& 101; READ 090 or placement in READ 120 or instructor permission.

A survey of the historical development of the criminal justice system to present-day practices. This course studies the development of the police, courts and correctional agencies in meeting the demands society has placed on them. Students will explore career opportunities at the federal, state and local levels. 5 lecture hours. Satisfies specified elective requirement for the AA degree.

5 Credits

ECE 101

Introduction to Childcare

This course provides a foundation for learning within the first six months of employment in the ECE field and covers these basics: optimal child growth and development, child guidance and health and safety in ECE settings. 2 lecture hours. May be used as a general elective in the AA degree.

2 Credits

CJUS 102

Law and Society

Recommended Preparation: ENGL 095 or placement in ENGL& 101; READ 090 or placement in READ 120 or instructor permission.

Laws affect each and every one of us, impacting both our public and private lives from birth until our death. This course has been designed to provide each student with a basic knowledge and understanding of how the law controls each person's actions, what rights the individual has under our laws, and how laws are introduced and changed. Law is a system of social thought and behavior, and provides the framework within which our disputes are resolved. Law and Society will examine the impact that constitutional law, administrative law, criminal law, civil law, and family law have on the individual. Same as POL S 102. Students may not receive credit for both. 5 lecture hours. Satisfies social science distribution area B requirement or as a specified elective in the AA degree.

5 Credits

EDUC& 114 (formerly ECE 102)

Child Development

Child Growth and Development from birth to age six including the physical, emotional, cultural, cognitive and creative age-related changes with a focus on the development of a sense of self. 3 lecture hours. May be used as a general elective in the AA degree.

3 Credits

ECE 103

Guiding the Behavior of Young Children

Prerequisite: EDUC& 114.

Our environment and our interactions with each other impact our lives from the time we are born until we die. Becoming aware, understanding and applying the foundational elements of guidance will not only impact our relationships with young children but with all people whom we come in contact with throughout our lives. This course explores the observation of human behavior and the interpretations of meaning. We will examine issues of cultural relevancy, impacts of oppression, personal history, and preferences surrounding our approach to guidance. Additionally, we will attempt to discover possible responses to varying perceived situations by becoming aware of how our values impact relationships and inform our work with young children. 3 lecture hours. May be used as a general elective in the AA degree.

3 Credits

CJUS 104

The Line Officer Function: Police & Corrections

Recommended Preparation: ENGL 095 or placement in ENGL& 101; READ 090 or placement in READ 120 or instructor permission.

An in-depth look at the basic duties and functions of police officers and correctional officers in cities and counties throughout the nation. Students will examine the responsibilities of the police and corrections from violator contact and arrest, through the court process. Discussions will focus on police encounters with the public, and the methods used by correctional officers in their dealing with prisoners. Emphasis will be placed on the impact that police and corrections have on our community today. 5 lecture hours. May be used as a general elective in the AA degree.

5 Credits

ENGL& 101

English Composition I

Prerequisite: Appropriate English placement test score or a grade of "C-" or better in ENGL 095.

ENGL& 101 emphasizes the basic rhetorical principles and development of expository and argumentative prose. Included is an introduction to the research methods necessary for evidence-backed writing. Skills gained in this course should help students improve their performance of such tasks as writing for a variety of purposes and audiences, as well as writing informative and persuasive essays and research-backed reports, projects and papers. 5 lecture hours. Satisfies writing skills requirement for the AA degree.

5 Credits

HUMAN SERVICES PROGRAM COURSE DESCRIPTIONS

HUMDV 109

2 Credits

Personal Development

A balanced view of current theory and research in psychology with an emphasis on personality, motivation, decision making and learning. The focus is on understanding the role of family, the environment and individual choices and how they combine in shaping the development of the individual. 2 lecture hours. Satisfies general elective requirement for the AA degree.

HUMDV 111

2 Credits

Career Options and Life Planning

The focus of HUMDV 111 is to facilitate awareness of values, skills, interests, and attitudes as they relate to the student's career journey and the world of work. Students will become familiar with occupational resources including self-employment and entrepreneurial options, labor market trends, resume and cover letter writing, interviewing, and the process for career decision-making. Students will learn career concepts and develop career researching and planning skills. 2 lecture hours. Satisfies general elective requirement for the AA degree.

HUST 101

5 Credits

Introduction to Human Services

Recommended Preparation: ENGL& 101; CIS 100 and CIS 101 or equivalent skill level.

Prerequisite: PSYC& 100 or concurrent enrollment or instructor permission.

Overview of the history, philosophy and present status of the major human service delivery systems. Also examines the roles of associate degree practitioners as well as occupational and educational alternatives for graduates. Orientation to services provided by the human service agencies of Grays Harbor and Pacific Counties. 5 lecture hours. Satisfies specified elective requirement for the AA degree.

HUST 102

5 Credits

Survey of Community Resources in Human Services

Prerequisite: HUST 101 or instructor permission.

Provides an understanding of the state, county and regional network that supports community services. Overview includes continual effects of current legislation and funding. Emphasis is on local human service providers as a network of community resources. This includes community mental health centers, residential programs, advocacy groups, and consumer groups. Students will learn the relevance of each component to the whole system. 5 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HUST 103

5 Credits

Interview/Assessments in Human Services Settings

Prerequisite: HUST 202 or instructor permission.

Introduction to interviewing and assessment techniques in the human services field. Emphasis is on information gathering and building productive individual service plans for human services clients. Importance is placed on assessing the person's complete psycho-social structure. 5 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HUST 108

5 Credits

Counseling and Crisis Intervention

Prerequisite: HUST 102 or instructor permission.

Introduction to interviewing, basic counseling skills and crisis theory. The focus will be on learning counseling theory and models for crisis intervention. Through lecture, discussion, demonstration and independent study, students will master basic concepts and develop needed skills. Emphasis on high-stress populations requiring immediate intervention, including psychiatric emergencies and death and dying, sexual assault, battered women, suicide and others. 5 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HUST 110

5 Credits

Nutrition/Medication Management Human Services Clients

Prerequisite: HUST 102 or instructor permission.

Students gain a basic understanding of medications and their use across the diverse spectrum of human services clients. Emphasis is placed on the importance of good nutrition to enhance the health and well-being of the person. The relationship of good nutrition and prescribed medications will be explored. The side-effects and interactions of the various medications is discussed along with the interaction between prescribed and illegal drugs, alcohol and nicotine. 5 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HUST 150

5 Credits

Introduction to Family Violence Counseling

Prerequisites: READ 090 or placement in READ 120;

ENGL 095 or placement in

ENGL& 101, or instructor permission.

A course for people interested in working in the domestic violence field. Overview of the history, myths and realities, dynamics of victims, abusers and other family members plus an overview of the cycle of violence. The course includes a progression of debriefing and listening skills, role-playing and group exercises. 5 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HUST 151

5 Credits

Case Management and Counseling in Family Violence

Case management and counseling services in the field of domestic and other family violence require a depth of understanding of the dynamics of the cycle of family violence, the continuum of services needed by individual clients and their families and the framework of strength-based approaches to change. Theoretical approaches to case management and counseling will be studied integrating standards of good practice, ethical considerations and multidisciplinary factors along with the understanding of the special needs of each individual in the family: victims, batterers and children. 5 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HUMAN SERVICES PROGRAM COURSE DESCRIPTIONS

HUST 158

1-3 Credits

Cooperative Work Internship

Prerequisites: HUST 102 with a grade of "C+" or better or instructor permission.

Supervised experience with a human service-related agency or program. The instructor, in cooperation with the student, will determine the site, credit hours and learning objectives. A student, in conjunction with an instructor, will arrange for 1-3 credit hours to be earned within a given quarter. One credit may be earned for each fifty hours of documented agency or program experience. Emphasis is placed on achieving human services skills and integrating professional ethics and conduct into performance as a learner and appropriate to the internship site, and exploring career potential in the human services field. Variable hours. Vocational program course. May be used as a general elective in the AA degree.

HUST 202

5 Credits

Counseling Special Populations

Prerequisite: HUST 203 or instructor permission.

Needs of and treatment for special consumer populations such as persons of diversity including children and families, couples, the elderly, persons with physical disabilities, sexual minorities, developmental disabilities and cultural and ethnic minorities. Focus will be on the recommended treatment of choice for special populations with diverse backgrounds and needs. 5 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HUST 203

5 Credits

Law/Ethics in Human Services

Prerequisite: HUST 102 or instructor permission.

Explores central work-related issues students will face in the human services field and the ethical implications and laws dealing with those issues. Emphasis includes consumer confidentiality, consumer rights, rights and responsibilities of human service professionals, and standards of conduct. 5 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HUST 204

5 Credits

Advanced Counseling and Case Management

Prerequisite: HUST 103 or instructor permission.

Students will gain knowledge of the rationale and philosophy supporting the development of counseling and case management and different models of counseling/case management interventions. Students will learn about counseling techniques; resource development; strategies for dealing with resistance, grief and loss; treatment planning; and development of a personal counseling style. Using case management forms, students will formulate accurate and understandable case files and records. 5 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

HUST 258

1-5 Credits

Advanced Cooperative Work Internship

Prerequisite: HUST 158 with a grade of "C+" or better or instructor permission.

Supervised experience in human services agencies. Students work a minimum of 250 hours in an agency, with or without remuneration. One credit may be earned for each fifty hours of documented agency or program experience. Includes organizational leadership, work ethics, and employer-employee relationships. Students meet during the quarter with the assigned College supervisor and agency advisor to discuss skill development and process field experiences. Emphasis is placed on achieving human services skills and integrating professional ethics and conduct into performance as a learner and appropriate to the internship site. Variable hours. Vocational program course. May be used as a general elective in the AA degree.

MATH 101

5 Credits

Applications of Algebra for Vocational-Technical Students

Prerequisites: A grade of "C-" or better in MATH 094 or MATH 095 or placement in MATH 098 or higher or instructor permission.

This is a non-transferable course designed to expose vocational students to mathematical concepts in the context of applications. Topics will include linear and exponential models, trigonometry, financial mathematics, and descriptive statistics. This course satisfies the mathematics requirement for some vocational-technical programs; however, it does not satisfy the quantitative reasoning skills requirement for an AA degree and does not serve as a prerequisite to any math course. 5 lecture hours. Vocational program course. May be used as a general elective in the AA degree.

PSYC& 100

5 Credits

General Psychology

Recommended Preparation: Placement in ENGL& 101.

An introduction to psychology utilizing lectures and group exercises. Deals with the psychology of behavior, development, learning, cognition, motivation and emotion, perception, memory, and both normal and abnormal personalities. Provides an overview of modern psychology in terms of biological, social and intrapsychic factors. 5 lecture hours. Satisfies social science distribution area D requirement or specified elective for the AA degree.

PSYCH 106

3 Credits

Applied Psychology

Applications of theory and current research in psychology with major topics of personality, decision making, communications, motivation, learning and the workplace. Focuses on individual and group thought and behavior in the world of work. Emphasis is placed on change, personal and professional growth. 3 lecture hours. May be used as a general elective in the AA degree.

HUMAN SERVICES PROGRAM COURSE DESCRIPTIONS

<p>PSYCH 210 Psychology of Adjustment <i>Recommended Preparation: ENGL& 101.</i> <i>Prerequisite: PSYC& 100 or instructor permission.</i> Emphasis is placed on practical application of knowledge and techniques within various theoretical frameworks. These frameworks are applied to normal adjustment situations in human lifespan, such as gender-role development, love, sex, relationships, work, marriage, separation and divorce, and death and loss. Students will explore methods of effecting change in their lives. 5 lecture hours. Satisfies specified elective requirement for the AA degree.</p>	5 Credits	<p>SOC 106 Juvenile Justice <i>Recommended Preparation: ENGL 095 or placement in ENGL& 101; READ 090 or placement in READ 120 or instructor permission.</i> This course will examine how the juvenile justice process has evolved and expanded as society has sought to understand, control and influence change in the delinquent behavior of children and youth. CJUS 106 will examine the attitudes of and crimes committed by juvenile offenders, the juvenile legal system, and the response by police, courts and juvenile corrections. 5 lecture hours. Satisfies social science distribution area C requirement or serves as a specified elective in the AA degree.</p>	5 Credits
<p>PSYC& 200 (formerly PSYCH 220) Lifespan Psychology <i>Prerequisite: PSYC& 100 or instructor permission.</i> This course presents a comparative look at the various human development models. Students will have an opportunity to gain knowledge of the various stages of human development. This course typically fulfills basic requirements in human development for nursing, psychology and related occupations. 5 lecture hours. Satisfies specified elective requirement for the AA degree.</p>	5 Credits	<p>SOC 112 (formerly CJUS 206) Criminology <i>Recommended Preparation: ENGL 095 or placement in ENGL& 101; READ 090 or placement in READ 120 or instructor permission.</i> An in-depth look at the causes of crime and the people who are committing them. Crime trends will be examined and students will become familiar with intervention techniques and methods to reduce criminal activity. Students will research crime trends and prevention strategies of local communities. Same as SOC 206; students may not receive credit for both. 5 lecture hours. Satisfies social science distribution area C requirement or may be used as a specified elective in the AA degree.</p>	5 Credits
<p>PSYCH 250 Social Psychology <i>Prerequisite: SOC& 101 or PSYC& 100.</i> This course is the basic, beginning course in social psychology. Included in the course is a study of human nature within sociocultural systems. Group processes, perception, self-concept, attitudes, and symbolic interaction are investigated. 5 lecture hours. Satisfies specified elective requirement for the AA degree.</p>	5 Credits	<p>SOC 252 Marriage and Family <i>Recommended Preparation: ENGL 095 or placement in ENGL& 101.</i> A study of the development of the family, the family and personality development, courtship, mate selection, predicting marital adjustment, disruption and reorganization. 5 lecture hours. Satisfies social science distribution area C requirement or specified elective for the AA degree.</p>	5 Credits
<p>PSYC& 220 (formerly PSYCH 260) Abnormal Psychology <i>Recommended Preparation: ENGL& 101.</i> <i>Prerequisite: PSYC& 100.</i> An introduction to the study of abnormal behavior utilizing lectures, group exercises and case studies. This course will cover organic and environmental etiology of abnormal behavior including various disorders related to stress, anxiety, substance abuse, sexuality and moods, as well as personality dysfunction. Also, methods of therapy including cognitive-behavioral, psychodynamic and experimental as they apply to individuals and groups will be discussed. 5 lecture hours. Satisfies specified elective requirement for the AA degree.</p>	5 Credits	<p>SPCH 101 Fundamentals of Speech Principles of effective oral communication including delivery, organization, content, and stress management. A functional approach to effective speaking with practical application in informative, impromptu, and persuasive speeches. 5 lecture hours. Satisfies humanities distribution area F requirement or specified elective for the AA degree.</p>	5 Credits
<p>SOC& 101 (formerly SOC 110) Introduction to Sociology <i>Recommended Preparation: ENGL 095 or placement in ENGL& 101.</i> An introduction to the principles, concepts, theories and methods of the sociological perspective. Emphasis is placed upon relating sociological ideas to national, community, and individual levels. 5 lecture hours. Satisfies social science distribution area C requirement or specified elective for the AA degree.</p>	5 Credits	<p>SPCH 201 Fundamentals of Group Discussion Introduction to problem solving in small groups. Emphasis is given to practical experience in group discussion participation and leadership. Additional attention is given to meeting management and panel discussion. 3 lecture hours. Satisfies humanities distribution area F requirement or specified elective for the AA degree.</p>	3 Credits

GRAYS HARBOR COLLEGE - Typical Student Schedule
HUMAN SERVICES - ASSOCIATE IN APPLIED SCIENCE DEGREE

1st Quarter

Course #	Course Title	Credits
ENGL& 101	English Composition I	5
HUST 101	Introduction to Human Services	5
PSYC& 100	General Psychology	5
TOTAL QUARTER CREDITS		15

2nd Quarter

Course #	Course Title	Credits
HUST 102	Survey of Community Resources in Human Services	5
HUST 103	Interview/Assessments in Human Services Settings	5
	SUPPORT COURSE OPTION	5
TOTAL QUARTER CREDITS		15

3rd Quarter

Course #	Course Title	Credits
HUST 110	Nutrition/Medication Management Human Svcs Clients	5
HUST 158	Cooperative Work Internship	3
MATH 101	App of Algebra for Vocational/Technical Students	5
PSYC& 100	General Psychology	5
TOTAL QUARTER CREDITS		18

4th Quarter

Course #	Course Title	Credits
HUST 202	Counseling Special Populations	5
SPCH 201	Fundamentals of Group Discussion	3
	SUPPORT COURSE OPTION	7
TOTAL QUARTER CREDITS		15

5th Quarter

Course #	Course Title	Credits
HUST 108	Counseling and Crisis Intervention	5
PSYC& 200	Lifespan Psychology	5
	SUPPORT COURSE OPTION	5
TOTAL QUARTER CREDITS		15

6th Quarter

Course #	Course Title	Credits
HUST 203	Law/Ethics in Human Services	5
HUST 204	Advanced Counseling and Case Management	5
	SUPPORT COURSE OPTION	5
TOTAL QUARTER CREDITS		15

PLEASE NOTE: Students may substitute SPCH 101 for SPCH 201.

Twenty (20) credits are required from the support course options.

Students are encouraged to discuss the selected support course option schedule with their academic advisor.

GRAYS HARBOR COLLEGE - Typical Student Schedule
HUMAN SERVICES – CERTIFICATE OF COMPLETION

1st Quarter

Course #	Course Title	Credits
CIS 102	Microcomputer Applications	3
HUST 101	Introduction to Human Services	5
TOTAL QUARTER CREDITS		8

2nd Quarter

Course #	Course Title	Credits
HUST 102	Community Resources	5
TOTAL QUARTER CREDITS		5

3rd Quarter

Course #	Course Title	Credits
HUST 203	Law/Ethics in Human Services	5
MATH 101	Applications of Algebra for Vocational-Technical Students	5
TOTAL QUARTER CREDITS		10

4th Quarter

Course #	Course Title	Credits
ENGL& 101	English Composition I	5
HUST 158	Cooperative Work Internship	3
TOTAL QUARTER CREDITS		8

5th Quarter

Course #	Course Title	Credits
HUST 108	Counseling and Crisis Intervention	5
SPCH 201	Fundamentals of Group Discussion	3
TOTAL QUARTER CREDITS		8

6th Quarter

Course #	Course Title	Credits
HUST 258	Advanced Cooperative Work Internship	5
	ELECTIVE	1
TOTAL QUARTER CREDITS		6

PLEASE NOTE: Students may substitute HUST 110 for HUST 108; SPCH 101 for SPCH 201.